



**Blessed Sacrament Church**  
**Catholic Community Next Door**  
[www.bskchurch.ca](http://www.bskchurch.ca)  
305 Laurentian Dr. Kitchener

# Holy Communion and Confession

Dear Children, Parents, and Guardians,

The time has come! You can now register your child to make their First Holy Confession and receive their First Holy Communion. We welcome students in Grade 2 or older children who may have missed this opportunity in previous years. Please note that every candidate must be baptized.

The best way to prepare your child for their First Holy Communion is by attending Sunday Holy Mass together. No lesson can replace the beauty and depth of this in-person experience. Our parish offers several weekend Holy Mass liturgies, including a special **Children's Liturgy** during the 10:00 a.m. and 11:45 a.m. Holy Masses for children in JK through Grade 4. Your child is welcome to attend any weekend Mass, and even though they cannot yet receive Holy Communion, they are encouraged to come forward for a blessing with crossed arms. This practice helps them prepare for the day they receive Jesus for the first time in Holy Communion.

## Registration Details:

- **How to Register:** Visit our website at [bskchurch.ca/first-communion.html](http://bskchurch.ca/first-communion.html)
- **Deadline:** Submit your registration on or before **February 11**.
- **Requirements:** Complete a separate form for each child, including a scan of their Baptismal Certificate. Include your email and phone number. If your child is not baptized, please contact our Pastoral Minister or the Parish Office as soon as possible.

Please find the attached list of **important dates** and mark your calendars!

## Important Notes:

Children will receive their First Holy Communion during Sunday Holy Mass this year, joining the entire Church community beginning April 26. To ensure proper preparation, children will be divided into small groups based on preferences and availability, which we will finalize after receiving all registrations, by mid March, 2025.

We invite children and their parents to participate in a six-session **mini-study program** to deepen their understanding of the Sacraments of Reconciliation and Holy Communion.

- **When:** Saturdays at 6:00 p.m.
- **Where:** Parish Centre (downstairs).
- **Attendance:** An adult must accompany each child.
- **Snacks:** Please inform us if your child has any allergies.
- **Parking:** Exercise caution in the parking lot when arriving and departing.

No workbooks are required. We strongly encourage you to attend the 7:00 p.m. Holy Mass that follows or another Sunday Mass as the follow-up.

We thank you for entrusting us with this important step in your child's spiritual journey. Our Parish Community looks forward to walking with your family toward receiving the beautiful Sacraments of Reconciliation and Holy Communion.

*Father Luke Kopaniak*

Blessed Sacrament Pastor