



# BLESSED SACRAMENT PARISH



305 Laurentian Drive, Kitchener, Ontario N2E 2N6 519-742-5061 [www.bskchurch.ca](http://www.bskchurch.ca)

## MASS TIMES:

**Saturday** - 7:00 p.m.

**Sunday** - 8:15 a.m., 10:00 a.m., 11:45 a.m.

**Tuesday** - 7:00 p.m.

**Wednesday** - 9:00 a.m.

**Thursday** - 9:00 a.m.

**Friday** - 9:00 a.m. Holy Hour follows Mass

## ADORATION:

First Friday of the Month all day,  
Benediction at 9:00 p.m.

## SACRAMENT OF RECONCILIATION:

Saturdays – 11:00 a.m. – 12:00 p.m.  
and during Friday's Holy hour when available

## SACRAMENT OF BAPTISM:

Please see our Parish Website for more information.

## SACRAMENT OF MARRIAGE:

Please see our Parish Website for information and to fill out the Preliminary Form at least 9 months in advance.

## PARISH REGISTRATION

If you are new to our community or just visiting, welcome to Blessed Sacrament Parish. We encourage all new parishioners to register with the parish. Registration forms can be found on our website [bskchurch.ca](http://bskchurch.ca)  
We are most happy to have you join our Parish Family.

## LEGACIES AND BEQUEST

Keep your love for your parish alive. Remember Blessed Sacrament Parish in your will and when suggesting expressions of sympathy. If you wish to make such a bequest in your will please contact the Parish office.

## CONTACT US:

**Rev. Luke Kopaniak S.A.C. - Pastor**  
[lkopaniak@hamiltondiocese.com](mailto:lkopaniak@hamiltondiocese.com)

**Rev. Rajesh Madtha - Associate Pastor**  
[rmadtha@hamiltondiocese.com](mailto:rmadtha@hamiltondiocese.com)

**Rev. Mr. Michael Kuhl - Deacon**  
[mkuhl@hamiltondiocese.com](mailto:mkuhl@hamiltondiocese.com)

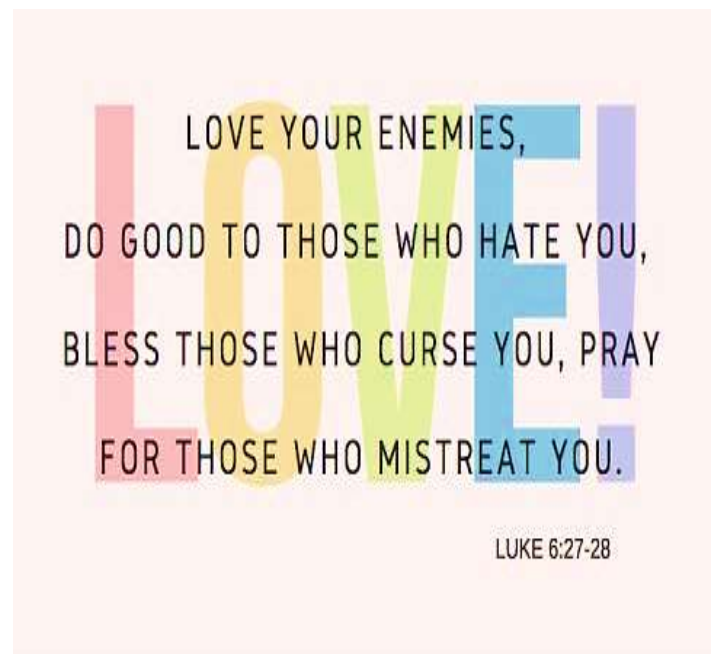
**Keri Smith - Office Administrator**  
[blessedsacrament1977@rogers.com](mailto:blessedsacrament1977@rogers.com)

**Anna Gravesande - Pastoral Minister**  
[agravesande@hamiltondiocese.com](mailto:agravesande@hamiltondiocese.com)

**Jane Lee – Minister of Music**  
[bskchoir@gmail.com](mailto:bskchoir@gmail.com)

**Shannon Smith - Junior Choir**  
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**Sandra Scarfone – Sacristan**  
[sacristan7x77@gmail.com](mailto:sacristan7x77@gmail.com)



SCAN QR CODE TO GIVE

## 7<sup>TH</sup> SUNDAY IN ORDINARY TIME

### ANNOUNCED MASSES FOR THE WEEK OF Monday, February 24, 2025

#### Tuesday 7:00 p.m.

† Slovak Jesuit Fathers of Gault  
– Gus Magnus

† Mary McLean – Roy & Janet Smith

† Clara Pereira - Family

#### Wednesday 9:00 a.m.

† Nicola A. Scarfone – R. Scarfone Family

#### Thursday 9:00 a.m.

Int. of Agata Nieczyporowicz - Grazyna

#### Friday 9:00 a.m.

Special Intention

#### Saturday 7:00 p.m.

Int. of Keri Smith - Friend

#### Sunday

##### 8:15 a.m.

† Dianne Hibbs – Frank & Marie Baril

##### 10:00 a.m.

For the People of Blessed Sacrament Parish &  
The St. Brigid Mission

##### 11:45 a.m.

† Karn Thurnell – Friend

## Blessed Sacrament Church

February 16 – Offertory \$ 3,084.15



### Thank you for your generosity!

Your gift and attendance truly matters.

It is the life and future of our parish!

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Please take the time to write the dollar  
amount of your offering on the envelope.

Thank you.

## EVENTS FOR THE WEEK

### Tuesday

Legion of Mary 7:45 p.m. Music Rm

Men's Ministry 7:45 p.m. Parish Centre

### Wednesday

Jr. Choir Practice 6:00 p.m. Music Rm

Choir Practice 7:15 p.m. Music Rm

### Thursday

RCIA 7:00 p.m. Parish Centre

### Friday

Youth Ministry 7:00 p.m. Parish Centre

### Saturday

1st Communion Class 6:00 p.m. Parish Centre

### ASH WEDNESDAY - March 5



Lent is quickly approaching. Our Mass  
schedule for Ash Wednesday is **9:00  
a.m. and 7:00 p.m.** If you would like  
to bring ashes to a family member or  
friend who is homebound, please see  
our Sacristan Sandra.

### HOLY LENT

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ. ([www.usccb.org](http://www.usccb.org))

### LENT FASTING DEMANDS

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms

concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. ([www.usccb.org](http://www.usccb.org))

### LENTEN TALK SERIES: "HERE I AM, O LORD"

Are we ready to say "yes" to God's call? This Lent, join us as we reflect on our vocations—not just our passions or jobs but God's unique call in our lives. Parishioners will share their personal vocation stories each Friday before the Stations of the Cross, starting at 6:08 PM (inspired by *Isaiah* 6:8). After each talk, we will prayerfully transition into the Stations of the Cross. Questions are welcome during the presentations.

Let us pray for our speakers as they inspire us to discern and live out our Christian Vocations. All are welcome!

#### Schedule of Speakers:

- **MARCH 7:** FR. LUKE & AIDAN CHAYTOR – *Introduction to the Lenten Talk Series: Priesthood and Considering the Priesthood.*
- **MARCH 14:** MANJU MATHEW – *Consecrated Life: Caregiver, Leader.*
- **MARCH 21:** WINIFRED OTOKHINA – *Single Life: Legion of Mary, Lawyer, Activist, Volunteer, New to the Parish.*
- **MARCH 28:** CHRIS REITZEL – *Husband, Father, Teacher, Leader, Volunteer.*
- **APRIL 4:** VERGARA FAMILY (Therese, Joe, Justin, Maddie, and Marion) – *Family Life: Focolari Activists, Parishioners, Volunteers.*
- **APRIL 11:** BONNIE SCHROTH – *Wife, Mother, Parish Programs Organizer, Coordinator, Leader.*

Come, join us, and say together: "*Here I am, O Lord!*"

**What is FASTING?**  
The limitation of food and drink – typically to one main meal and two smaller meals, with no solid foods in between  
But remember to drink enough fluids!

**When do we fast?**  
Ash Wednesday & Good Friday\*

\*Paschal Fast: Good Friday and Holy Saturday are days of prayer and quiet reflection. We honour the suffering and death of Jesus and prepare to share in the joy of his resurrection at Easter.

**What is ABSTINENCE?**  
Avoiding certain kinds of food or drink, typically meat or other desirable foods

**When do we abstain?**  
Catholics are obliged to abstain from meat every Friday throughout the year (except solemn feast days)

TIP: Instead of abstaining, you may substitute special acts of charity or piety on Fridays

**ALL ABOUT Fasting & Abstinence**

**Why fast?**  
It helps us to pray better: an empty stomach can lead to more attentive prayer

**Why abstain on Fridays?**  
It's the day of Christ's saving death on the cross; we abstain to share in His work of saving the world

**Who has to fast?**  
Catholics aged 18 to 60  
Those with impaired health should not fast in any way.

**Who has to abstain?**  
Catholics aged 14 and older

During Lent, the money we save on food while fasting and abstaining should be given to others in alms

SOURCE: "Keeping Friday" and "Living Lent" from the Canadian Conference of Catholic Bishops [www.cccb.ca](http://www.cccb.ca)

Archdiocese of Toronto | [www.archtoronto.org](http://www.archtoronto.org)  
Facebook | Instagram | Twitter | YouTube

### YOUTH NIGHT ON FEB. 28TH

Our next Youth Night is on Friday, February 28th at 7:00 PM! We invite our guest speaker, Fr. Paul Szymanowski, C.R., to share with us his vocation testimony as a religious priest of the Congregation of the Resurrection! Bring your questions to ask Fr. Paul. And join us for more fellowship, fun, food and a faith-filled testimony!

If it's your first time, we welcome you!

### BLESSED SACRAMENT MENS MINISTRY

*Christian men are called to be witnesses and role models for our families, but this is difficult without support of other men!* Ministry to Men seeks to equip us for this challenge. Join us on **Tuesday, February 25 at 7:45pm in the Parish Hall following evening Mass.** We will view a video and discuss living out biblical manhood day-to-day in a culture opposed to authentic Catholic men. Through prayer, sharing and fellowship, we strengthen each other for the daily challenges faced as men. All men are welcome at our bi-monthly (**2<sup>nd</sup> and 4<sup>th</sup> Tuesdays**) meetings. For more information, contact: Roy Smith at 519-656-3291 or Ian Mendes at 289-253-9592.

## EXTENSION OF DONATIONS ELIGIBLE FOR 2024 TAX YEAR

The Government of Canada announced on December 30, 2024 that “the federal government intends to amend the Income Tax Act to extend the deadline for making donations eligible for tax support in the 2024 tax year, until February 28, 2025.” This announcement means that donors intending to make donations that will qualify for a charitable donation tax receipt for the 2024 calendar year will have an extended period of time up to the end of February 2025 to make those donations. This proposed extension aims to address disruptions caused by the recent four-week Canada Post mail stoppage.

### What this means for you:

We will issue a Tax Receipt to you Mid- March for donations made from January 1<sup>st</sup> 2025 to February 23<sup>rd</sup>. You can choose to use it towards your 2024 donations or keep it safe to use in 2026. Please have your donations in by **Sunday February 23**. \* Monies received after this date will be credited to the Tax Receipt issued in 2026. Thank you.

## FIRST HOLY COMMUNION

Sessions take place on **Saturdays at 6:00 PM-8:00 PM** (7:00 PM Mass) in the Parish Centre. Students must be accompanied by a parent or guardian. Registered first communicant will also receive an email reminder.

First Holy Communion and Confession registration is open. Grade 2 students and older are welcome. Please check the requirements and submit your registration on our website.

## 2024 TAX RECEIPTS

The receipts are available in the lobby of the church on the weekends and can be picked up from the office on weekdays. Thank you again for your generous support this year.

## DIOCESAN FUNCTIONS

### YOUNG ADULTS NIGHT - SATURDAY, MARCH 1ST - JUBILEE YEAR PILGRIMAGE - GUELPH

Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to make a Jubilee Year Pilgrimage to the Basilica of Our Lady Immaculate (28 Norfolk Street, Guelph) on Saturday, March 1st and attend an evening of Adoration, fellowship and praise music in support of your vocations. The Young Adults Night will include a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night with vocations testimony (8:00pm-9:00pm), and Compline (9:00pm). A Plenary Indulgence can be received under the usual conditions for attending a pilgrimage site. Sponsored by the Vocations Office of the Diocese of Hamilton. For more information, please contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)

## LOCAL EVENTS

### K of C FISH FRY

Friday, March 7, 2025 at St. Teresa of Avila Parish Hall, 19 Flamingo Drive, Elmira. There will be continuous seating from 5:00 p.m. to 7:30 p.m. Take-out will be at 4:30 – 5:00 p.m. Please bring your own take-out bag as we are trying to save the environment. Purchase your tickets by calling Rick Weishar at 519-577-5928 or at the Parish Office between 9 a.m. and 1 p.m. (Tuesday to Friday) or call 519-669-3387. Cost is Adults \$20.00; Children (aged 6 to 12 years) \$12.00; Children (aged 5 and under) Free; and Take-out is \$20.00. Don't miss out on this popular annual dinner. Proceeds go to the Knights of Columbus Charities.

**VISIT OUR WEBSITE FOR  
MORE INFORMATION**  
[bskchurch.ca](http://bskchurch.ca)