



# BLESSED SACRAMENT PARISH



305 Laurentian Drive, Kitchener, Ontario N2E 2N6 519-742-5061 [www.bskchurch.ca](http://www.bskchurch.ca)

## MASS TIMES:

**Saturday** - 7:00 p.m.

**Sunday** - 8:15 a.m., 10:00 a.m., 11:45 a.m.

**Tuesday** - 7:00 p.m.

**Wednesday** - 9:00 a.m.

**Thursday** - 9:00 a.m.

**Friday** - 9:00 a.m. Holy Hour follows Mass

## ADORATION:

First Friday of the Month all day,  
Benediction at 9:00 p.m.

## SACRAMENT OF RECONCILIATION:

Saturdays – 11:00 a.m. – 12:00 p.m.  
and during Friday's Holy hour when available

## SACRAMENT OF BAPTISM:

Please see our Parish Website for more information.

## SACRAMENT OF MARRIAGE:

Please see our Parish Website for information and to fill out the Preliminary Form at least 9 months in advance.

## PARISH REGISTRATION

If you are new to our community or just visiting, welcome to Blessed Sacrament Parish. We encourage all new parishioners to register with the parish. Registration forms can be found on our website [bskchurch.ca](http://bskchurch.ca)

We are most happy to have you join our Parish Family.

## LEGACIES AND BEQUEST

Keep your love for your parish alive. Remember Blessed Sacrament Parish in your will and when suggesting expressions of sympathy. If you wish to make such a bequest in your will please contact the Parish office.

## CONTACT US:

**Rev. Luke Kopaniak S.A.C. - Pastor**

[lkopaniak@hamiltondiocese.com](mailto:lkopaniak@hamiltondiocese.com)

**Rev. Rajesh Madtha - Associate Pastor**

[rmadtha@hamiltondiocese.com](mailto:rmadtha@hamiltondiocese.com)

**Rev. Mr. Michael Kuhl - Deacon**

[mkuhl@hamiltondiocese.com](mailto:mkuhl@hamiltondiocese.com)

**Keri Smith - Office Administrator**

[blessedsacrament1977@rogers.com](mailto:blessedsacrament1977@rogers.com)

**Anna Gravesande - Pastoral Minister**

[agravesande@hamiltondiocese.com](mailto:agravesande@hamiltondiocese.com)

**Jane Lee – Minister of Music**

[bskchoir@gmail.com](mailto:bskchoir@gmail.com)

**Shannon Smith - Junior Choir**

[bsk.junior.choir@rogers.com](mailto:bsk.junior.choir@rogers.com)

**Sandra Scarfone – Sacristan**

[sacristan7x77@gmail.com](mailto:sacristan7x77@gmail.com)



SCAN QR CODE TO GIVE

## 1<sup>ST</sup> SUNDAY OF LENT

### ANNOUNCED MASSES FOR THE WEEK OF

Monday, March 10, 2025

#### Tuesday 7:00 p.m.

- † Andre Arruda – Lou & Teresa Arruda
- † Margaret Dietrich – Mary Moore
- † Sophie Heringer – Roy & Janet Smith

#### Wednesday 9:00 a.m.

- † Lance Pearson – Kathi Jankura

#### Thursday 9:00 a.m.

- † Klemens Beyfuss – Loni Beyfuss

#### Friday 9:00 a.m.

- Int. of Noah Black - Grandma

#### Saturday 7:00 p.m.

For the People of Blessed Sacrament Parish & The St. Brigid Mission

#### Sunday

##### 8:15 a.m.

- † Nancy & Jack Musselman – Cleasby Family

##### 10:00 a.m.

- † Alice O'Donoghue – Bonnie & Carl Miller

##### 11:45 a.m.

- † Maria DeSousa - Family

## EVENTS FOR THE WEEK

### Tuesday

- Legion of Mary 7:45 p.m. Music Rm
- Men's Ministry 7:45 p.m. Parish Centre

### Wednesday

- Choir Practice 7:00 p.m. Music Rm

### Thursday

- RCIA 7:00 p.m. Parish Centre

### Friday

- Lenten Talk 6:08 p.m.

- Stations of the Cross 7:00 p.m.

### Saturday

- 1<sup>st</sup> Communion Session 6:00 p.m.

### Dear Parish Family, Brothers and Sisters,

Next Sunday, we will be presenting the **2024 Spiritual and Financial Report**. This report highlights your incredible commitment and generosity in supporting our faith family and home—**Blessed Sacrament Church and Community**. Through your time, talents, and financial contributions, you not only sustain our parish but also help us extend our blessings to the Diocese and our local community. **Thank you for every gift you have shared!**

A special thank you to **Mike Stephenson, the Finance Council members, and Keri Smith, our Office Manager and Bookkeeper**, for their dedication in preparing and presenting these reports.

Looking ahead, we are planning a **Parish Town Hall** to reflect on where we are as a parish and where we are headed. Every parishioner has an important role in shaping our future, and we warmly invite you to join the conversation. The date and time will be announced soon.

**Thank you for all you do to make our parish a true home and family!**

Gratefully,  
Father Luke

## Blessed Sacrament Church

March 2 Offertory \$ 6,272.08

*total includes Pre-Authorized Giving*

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**Remember your Parish.** Keep your love for your parish alive. Remember Blessed



Sacrament Parish in your will and when recommending expressions of sympathy

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Please take the time to write the dollar amount of your offering on the envelope.  
Thank you.

## CWL LENTEN RETREAT

Date: Tuesday, March 18th

Time: 6:00 p.m.

Mass to follow at 7:00 p.m.

Place: Blessed Sacrament Church

Speaker: Father Luke

Everyone welcome.

## BLESSED SACRAMENT MEN'S MINISTRY

*Christian men are called to be witnesses and role models for our families, but this is difficult without support of other men!* Ministry to Men seeks to equip us for this challenge. Join us on **Tuesday, March 11 at 7:45pm in the Parish Hall following evening Mass.** We will view a video and discuss the challenge of living out biblical manhood in a culture opposed to authentic Catholic men. Through prayer, sharing and fellowship, we strengthen each other for our daily walk as Christian men. All men are welcome at our bi-monthly (**2<sup>nd</sup> and 4<sup>th</sup> Tuesdays**) meetings. For more information, contact: Roy Smith at 519-656-3291 or Ian Mendes at 289-253-9592.

## K OF C MAPLE SYRUP CAMPAIGN

I would like to thank you for assisting the Kitchener Knights of Columbus in making the Maple Syrup campaign a success. It resulted in funds that will go to support the K of C Charity events.

## PILGRIM HOME VISITATION SIGN UP

The Legion of Mary Pilgrim Virgin sign up this weekend. Legionaries will bring the blessed virgin to your home, we will pray with you and leave Mary with you for a visit. For more information or to set up a visit call Lisa 519-572-2618

## 2025 JANUARY & FEBRUARY TAX RECEIPTS

Tax Receipt are now available in the lobby for donations made from January 1st 2025 to February 23rd. You can choose to use it towards your 2024 donations or keep it safe to use in 2026. Thank you for your generosity to our beautiful parish. **2024 Tax receipts** are also available in the lobby of the church.

## LENT 2025

Lent is a wonderful season of conversion and renewal. We are encouraged to enter more deeply into the Lenten process with prayer, fasting and almsgiving. You are always invited to partake of the regular devotions we celebrate at Blessed Sacrament to help our Lenten journey as individuals and as a parish community.

**DAILY LENTEN MASS:** 7:00 p.m. Tuesday and 9:00 a.m. Wednesday through Friday. You are encouraged to attend weekday Mass as often as possible during the season of Lent. The Rosary is recited before daily Mass starting about 8:30 a.m.

### **ADORATION OF THE BLESSED**

**SACRAMENT:** Come spend some quiet time every Friday following the morning Mass until 10:30 a.m.

On the First Friday of each Month, Adoration follows our 9:00 a.m. Mass, continuing all day and ending with Benediction at 8:55 p.m.

**STATIONS OF THE CROSS:** Every Friday in Lent at 7:00 p.m. Each week a different meditation of the Stations will be used

**LENTEN TALK SERIES:** "HERE I AM, O LORD" Parishioners will share their personal vocation stories each Friday before the Stations of the Cross, starting at 6:08 PM (inspired by Isaiah 6:8). After each talk, we will prayerfully transition into the Stations of the Cross. Questions are welcome during the presentations.

**CONFESSIONS:** will be available Saturdays from 11:00 a.m. – 12:00 p.m. Fridays following the 9:00 a.m. Holy Mass

**PRAYER:** Remember the Church is open from early morning to well into the evening for private prayer and adoration in the presence of the Blessed Sacrament.

**FASTING & ABSTINENCE:** it is amazing how connected our spiritual lives and physical lives are and how much they affect each other. Change our routines and habits a little – one less coffee in the morning, no chocolate boost at 3:00 pm, a little less time in front of the TV or computer and life looks a lot different. A little less energy and solace from the things around us and we may start to find God more clearly in our daily lives and the power and peace to live well. The extra time spent in prayer – possibly praying the Divine Mercy

Chaplet, reading a Lenten Daily Reflection book, taking time to talk about our heartfelt faith with others helps us better appreciate God and the people and things in our lives. Fasting and Abstinence are powerful allies of prayer.

A reminder that Fridays in lent are days of abstaining from meat. (14 years of age and older, the sick and expectant mothers are excused). Ash Wednesday and Good Friday are still days of fast and abstinence for all healthy Catholics from **18 – 60 years** of age. Traditionally fasting is having one full meal and two part meals not equaling a full meal and no snacks in between.

**ALMSGIVING:** With prayer and fasting belongs almsgiving. All three involve giving away in order to receive more authentically in return. Prayer can be the experience of giving our hearts and minds to God and receiving his Grace more fully. Fasting and abstinence direct some of what we need away from ourselves and opens our hearts to share what we have with others. Prayer and fasting lead us to share our time, talent and treasure in the best of ways. Our almsgiving becomes a sincere remedy for the needs of others. Please consider supporting our St. Vincent de Paul who acts on our behalf providing support to people in need

### LENTEN TALK SERIES: “HERE I AM, O LORD”

Are we ready to say "yes" to God's call? This Lent, join us as we reflect on our vocations—not just our passions or jobs but God's unique call in our lives. Let us pray for our speakers as they inspire us to discern and live out our Christian Vocations. All are welcome! 6:08 p.m. Fridays before Stations of the Cross

#### Schedule of Speakers:

- **MARCH 14:** MANJU MATHEW  
– *Consecrated Life: Caregiver, Leader.*
- **MARCH 21:** WINIFRED OTOKHINA  
– *Single Life: Legion of Mary, Lawyer, Activist, Volunteer, New to the Parish.*
- **MARCH 28:**  
CHRIS REITZEL – *Husband, Father, Teacher, Leader, Volunteer.*
- **APRIL 4:** VERGARA FAMILY  
(Therese, Joe, Justin, Maddie, and Marion) – *Family Life: Focolare Activists, Parishioners, Volunteers.*

- **APRIL 11:** BONNIE SCHROTH – *Wife, Mother, Parish Programs Organizer, Coordinator, Leader.*

Come, join us, and say together: "*Here I am, O Lord!*"

## DIOCESAN FUNCTIONS

### REEL JUSTICE FILM FESTIVAL

Join us for our special youth screening of **Marcel the Shell with Shoes On, March 27th!** Marcel is an adorable, 1-inch-tall shell who ekes out a colorful existence with his grandmother, Connie, and their pet lint, Alan. Once part of a sprawling community of shells, they now live alone as the sole survivors of a mysterious tragedy. However, when a documentary filmmaker discovers them, the short film he posts online brings Marcel millions of passionate fans, as well as unprecedented dangers and a new hope of finding his long-lost family. Available to watch all day! Movie link will be sent straight to your inbox! Register at: <https://hamiltondiocese.com/reel-justice-film-festival/>

## LOCAL EVENTS

### THE CARMEL OF ST. JOSEPH GUILD

Founded in 1952, is dedicated to supporting the personal and household requirements of the Carmelite Nuns, and is instrumental in helping the Nuns preserve their life of prayer and service to the Church at the Carmel of St. Joseph (St. Agatha). They share in the spiritual benefits of the Community and help others to become sharers in these benefits. The Guild invites you to explore our webpage, read our 2025 Newsletter, purchase a 2025 Guild membership for yourself or a loved one, donate to the Chapel Fund, attend Special Events and Masses at the Carmel of St. Joseph, and consider becoming a member of the women's General Support Group and attend our meetings, and our spiritual retreat on Saturday May 24! Visit us at <https://thecarmel.ca>

**VISIT OUR WEBSITE FOR  
MORE INFORMATION**  
**[bskchurch.ca](https://bskchurch.ca)**