



SUNDAY COLLECTION

- January 21 – \$ 6,342.75

Thank you for your generosity!
Your gift and attendance truly matter.
It is the life and future of our parish!

Please take the time to write the dollar amount of your offering on the envelope. Thank you.

2023 TAX RECEIPTS

The receipts are available in the lobby of the church on the weekends and can be picked up from the office on weekdays.

CONSECRATION TO ST. JOSEPH

Coming soon, during Lent, consecration to St. Joseph. The spiritual father of us all. A 6-week study on how St. Joseph can impact your spiritual life and the many privileges and graces God bestowed on St. Joseph for us if we ask. Details are coming in next week's bulletin!

WORLD DAY OF THE SICK

Blessings of the sick.

On February 11, the Catholic Church marks the World Day of the Sick each year. We offer prayers for those suffering from illness and their caregivers. The Catholic Church celebrates this annual World Day on the Feast of Our Lady of Lourdes. This year's observance theme is "Take care of him: Compassion as a synodal exercise of healing," drawn from the Gospel of Luke on the Parable of the Good Samaritan. As the Church marks World Day of the Sick, it encourages everyone to pray for those who suffer from illness and their caregivers. There will be a special prayer and a blessing for the sick with the Blessed Sacrament on Friday, February 9, following the Holy Mass at 9 am. There will be a special blessing for the sick at each Holy Mass on the weekend of February 10/11.

"Bring consolation to those who despair. Bring strength to those of us who walk with the sick. Bring hope to all for whom the path to healing is long or may not end. Let us never forget your special care for the sick, that they may also know they are precious and loved."

- Catholic Health Association of the United States

OUR TOP NEWS:

SAINT BLAISE'S BLESSING

St. Blaise's throat blessing is among the oldest and most popular devotions. St. Blaise was bishop of Sebaste in Cappadocia (modern Turkey) and was martyred about A.D. 316. There are numerous legends about St. Blaise. One day- so goes the legend- Blaise helped a poor woman deliver her small farm from wolves using a torch. When the bishop was imprisoned, the women brought him tapers to dispel the darkness and gloom. A miraculous cure for a boy who almost died from choking on a bone. From this account comes the old tradition of invoking St. Blaise's intercession for all sorts of throat trouble. St. Blaise's blessing will be administered in our church on Friday, February 2nd, following the Holy Mass at 9 am and before the adoration of the Blessed Sacrament.

BLESSING OF CANDELS

The Feast of Presentation traditional candle blessing will take place at the same Holy Mass. (Publish Jan 28)

"When the days were completed for their purification according to the law of Moses, Mary and Joseph took Jesus up to Jerusalem to present him to the Lord." - Luke 2

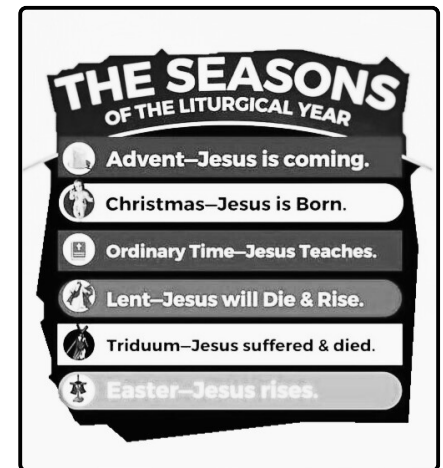
HOLY LENT

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began a new life in Christ. (www.usccb.org) (Publish Feb 4)

"Repent and believe the Gospel." - Mark 1:15

4TH SUNDAY IN ORDINARY TIME

All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." - Mark 1:27



HOLY MASS INTENTIONS

JANUARY 27 - FEBRUARY 4

Saturday 7:00 p.m.
+ Ana Drgastin
- Berry & Joan Tracey
Sunday
8:15 a.m. + Ivan Svazic
- Mary Moore
10:00 a.m. + André Arruda
- Louis & Teresa Arruda
11:45 a.m. For the People of Blessed Sacrament Parish

Tuesday 7:00 p.m.
+ J.B Quang Vinh - Family
+ C.K. Andhappan - Family
Wednesday 9:00 a.m.
+ Mary Hill - Finch Family
Thursday 9:00 a.m.
+ John Kasstan - Mary Effinger
Friday 9:00 a.m.
Int of Marlene - Family
Saturday 7:00 p.m.
For the People of Blessed Sacrament Parish
Sunday
8:15 a.m. Int of Gigliotti
- Jen & Mike Kuhl
10:00 a.m. + Ruth Audy
- Joscelyne vanGent
+ Bernardo Alves - DaSilva Family
11:45 a.m. Frank Peragine & Isaura Oliverira - Rita Peragine

**YOUNG ADULTS NIGHT**

Fr. Mark Morley invites all young adults (ages 20 and 30) of our diocese to attend an evening of Adoration, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30 pm-7:30 pm), social with food (7:30 pm-8:00 pm), praise night and vocations testimony (8:00 pm-9:00 pm), and Compline (9:00 pm) on Saturday, February 3rd at St. Michael's Catholic Church (80 University Avenue West, Waterloo, ON). Sponsored by the Vocations Office of the Diocese of Hamilton. Information, please contact: vocations@hamiltondiocese.com

SMART STEPS

Are you a parent or stepparent adjusting to blended family life? This program is designed to offer practical insights and suggestions on how to make the relationships work well for all. Sessions are held at the Basilica of Our Lady Immaculate in Guelph, 28 Norfolk Street. TIME: 9:15 AM - 3:30 PM. PRICE: \$50 per person (includes lunch). DATE: Saturday, March 9, 2024. Register online at hamiltondiocese.com and look under Upcoming Events. For more information, contact the Family Ministry Office at 905-528-7988 ext. 2249.

WEDDING ANNIVERSARY HOLY MASS

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2024? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 26, 2024, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is now available online at hamiltondiocese.com.

ALPHA AT ST. MARK'S

Alpha is open to adults who are curious about Jesus, are exploring Christianity, have questions about life, or want to strengthen their faith. Join us on Thursday Evenings (starting with dinner) from Feb. 22 to May 2 from 6:45 to 9:15 p.m. at St. Mark's Parish (55 Driftwood Drive) Kitchener. For more information, email Denise Case at stmarkalpha@gmail.com. Plan to join us ... and bring a friend ... all are welcome!

OTHER NEWS:**SEPARATED/DIVORCE SUPPORT WATERLOO GROUP**

Life changes are never easy. After a separation or divorce, you may be feeling isolated or in need of support and healing to adjust to your new life. Come together with others to realize there is a 'second act'. Join us on the 3rd Tuesday of every month - 7:30-8:30 pm - January 16, February 20, March 19, April 16, May 21, and June 18. Feel free to come early and join our Parish in prayer - 7:00 pm Mass. We will meet in the Parish Centre (basement) at 7:30 pm. To register: Phone 519-884-9311, or Email: parish@stmichaelw.ca

CHRISTIAN LIFE PROGRAM

K-W Couples for Christ and their Family Ministries invite couples and singles to participate in their 9-week CHRISTIAN LIFE PROGRAM at St. John's/Our Lady of Guadalupe Church Hall, 85 Strange St. Kitchener on Thursday evenings from Feb. 1 to Apr. 4. Dinner is provided at 6 pm, and the program runs from 7 to 8:30 pm. This program is open to all Christian married couples, singles, widows and widowers, as well as those separated and divorced. Come and be enriched by such talks as GOD'S LOVE, WHO IS JESUS CHRIST? LIFE IN THE HOLY SPIRIT. There is no cost, and child care will be provided. To register or for more information, contact Len/Marie Solomon at 519 744 5198 or Denis/Cara Beaulieu at 519 578 4643

STRUGGLING MARRIAGE? FIND HOPE WITH RETROUVAILLE.

Does your marriage feel like it is more trouble than joy? Does it feel stagnant or disconnected? Is it causing you constant stress? The solution is Retrouvaille - a program designed to help couples restore their marriage and rebuild a loving relationship. This practical program, where sharing is not required except between the couple themselves, is designed to improve communication, build stronger marriages, and help couples reconnect. It has proven positive results for struggling couples, including those who may be considering separation or divorce. The next Retrouvaille weekend is March 8-10, 2024. For more information, call 905-664-5212 or email teamrecine@gmail.com.

4TH SUNDAY IN ORDINARY TIME

The readings for the 4th Sunday in Ordinary Time Year B (see below) invite us to recognize Jesus and grant him authority in our lives. In the first reading, Moses foretells the coming of a mighty prophet. The Gospel tells how the people were amazed by the way Jesus taught with authority. The readings for the 4th Sunday in Ordinary Time Year B, encompass several interwoven themes that are central to Christian theology and spiritual life. / young-catholics.com

VOCATIONS

The call of the disciples is so familiar to us that we tend to miss the wonder of the disciples' response, which was immediate and complete; they leave everything and follow Jesus. Can we do less if we feel that God is calling us to the priesthood, religious life or diaconate? If you think God is calling you to a Church vocation, call Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988. email vocations@hamiltondiocese.com hamiltondiocese.com/vocations/

HOLY MASS SCHEDULE**MASS TIMES:**

Saturday - 7:00 p.m.
Sunday: 8:15 a.m., 10:00 a.m., 11:45 a.m.
Tuesday - 7:00 p.m.
Wednesday- 9:00 a.m.
Thursday - 9:00 a.m.
Friday - 9:00 a.m.
Holy Hour follows Mass

ADORATION: First Friday of the Month all day, Benediction at 9:00 p.m.

SACRAMENT OF RECONCILIATION:

Saturdays - 11:00 a.m. - 12:00 p.m. and during Friday's Holy hour when available

FIRST HOLY COMMUNION

First, Holy Communion and Confession registration is open. Grade 2 students or older are welcome. Please check the requirements and submit your registration online: www.bskchurch.ca