



# BLESSED SACRAMENT PARISH



305 Laurentian Drive, Kitchener, Ontario N2E 2N6 519-742-5061 [www.bskchurch.ca](http://www.bskchurch.ca)

## MASS TIMES:

**Saturday** – 7:00 p.m.

**Sunday:** 8:15 a.m., 10:00 a.m., 11:45 a.m.

**Tuesday** – 7:00 p.m.

**Wednesday-** 9:00 a.m.

**Thursday** – 9:00 a.m.

**Friday** – 9:00 a.m. Holy Hour follows Mass

## ADORATION:

First Friday of the Month

all day, Benediction at 9:00 p.m.

## SACRAMENT OF RECONCILIATION:

Saturdays – 11:00 a.m. – 12:00 p.m.

and during Friday's Holy hour when available

## SACRAMENT OF BAPTISM:

Please see our Parish Website for more information.

## SACRAMENT OF MARRIAGE:

Please see our Parish Website for information and to fill out the Preliminary Form at least 9 months in advance.

## PARISH REGISTRATION

If you are new to our community or just visiting, welcome to Blessed Sacrament Parish. We encourage all new parishioners to register with the parish. Registration forms can be found on our website [bskchurch.ca](http://bskchurch.ca)

We are most happy to have you join our Parish Family.

## LEGACIES AND BEQUEST

Keep your love for your parish alive. Remember Blessed Sacrament Parish in your will and when suggesting expressions of sympathy. If you wish to make such a bequest in your will please contact the Parish office.

## CONTACT US:

**Rev. Luke Kopaniak S.A.C. - Pastor**

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**Rev. Mr. Neil Devereaux - Deacon**

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**Keri Smith - Office Administrator**

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**Anna Gravesande - Pastoral Minister**

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**Shannon Smith - Junior Choir**

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**Sandra Scarfone – Sacristan**

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SCAN QR CODE TO GIVE

World Day of the Sick

## 6TH SUNDAY IN ORDINARY TIME

### ANNOUNCED MASSES FOR THE WEEK OF Monday, February 12, 2024

#### Tuesday 7:00 p.m.

Int. of Agata Nieczyrowicz

#### Wednesday 9:00 a.m.

† Cecilia Sze Nga Chan - Family

#### 7:00 p.m.

Int. of Daniel Mendoza - Family

#### Thursday 9:00 a.m.

† Joseph Nguyen Kim Tu - Family

#### Friday 9:00 a.m.

† Ivan Svazic – Bernie & Rosemary White

#### Saturday 7:00 p.m.

Int. of Grase & Ronald Woelk - Family

† Clara Pereira – A. Pereira Family

#### Sunday

**8:15 a.m.** For the People of Blessed Sacrament Parish

**10:00 a.m.** † Aundrie Thomson – Yvonne Thomson

**11:45 a.m.** † Joaquim Rocha – Family

## Blessed Sacrament Church

February 4 – Offertory

**\$ 5,730.64**



**Thank you for your generosity!**

Your gift and attendance truly matters.

It is the life and future of our parish!

## EVENTS FOR THE WEEK

### Tuesday

Legion of Mary 7:45 p.m. Music Rm

### Wednesday

**Ash Wednesday Masses 9am & 7pm**

Jr. Choir Practice 6:00 p.m. Music Rm

### Thursday

RCIA 7:00 p.m. Parish Centre

Consecration to St. Joseph 1 p.m. & 7p.m.

### Friday

Stations of the Cross 7:00 p.m.

### ASH WEDNESDAY – February 14



Lent is quickly approaching. Our Mass schedule for Ash Wednesday is **9:00 a.m. and 7:00 p.m.** If you would like to bring ashes to a family member or friend who is homebound, please see our Sacristan Sandra. Ash Wednesday is a day of fast and abstinence for all healthy Catholics ages 18-59 inclusive.

### SAINT VALENTINE LENT LOVE TRIBUTE.

February 14 is known throughout the world as the day dedicated to flowers and chocolates, red hearts and candies, chubby cherubs, and arrows. Couples, especially young ones eagerly look forward to a night out or otherwise romantic getaway on that special day.

This year St. Valentine's Day happens on Ash Wednesday, the beginning of Lent, which is a day of fasting and abstinence with limited food and entertainment. This year let us bring our loved ones to Jesus and offer them our prayer for the whole Lent and every day indeed. You can write your loved person's name on a heart shape poster that will be displayed for the whole Lent in our church sanctuary. The poster is waiting for you in the church lobby.

## HOLY LENT

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ. (www.usccb.org)

## LENT FASTING DEMANDS

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. (www.usccb.org)

## LENTEN "NUGGETS" (reflections)

The Stations of the Cross, also known as the Way of the Cross or Via Crucis, commemorate Jesus's passion and death on the cross. There are 14 stations that each depict a moment on his journey to Calvary, usually through sacred art, prayers, and reflections. The practice began as pious

pilgrims traced his path through Jerusalem on the Via Dolorosa.

Later, for the many who wanted to pass along the same route, but could not make the trip to Jerusalem, a practice developed that eventually took the form of the fourteen stations currently found in almost every church throughout the world.

Parish Ministries and Groups will lead our **Way of the Cross every Friday of Lent at 7 pm. Join us in prayer.**

Each year the Church gives us six weeks to take a long, loving look at our lives to see if our values and priorities are in line with God's desires for us. Since most of us find that we've wandered from God's path, Lent becomes that second chance, or do-over, to "return to God with our whole heart." 20-mins **Lenten Reflection on Tuesday at 6:30 pm before Holy Mass.** Our Tuesday topics: 1. Charity. 2. Sunday. 3. Penance 4. Purgatory. 5. Pope. 6. Heaven. There will be a possibility to submit questions. Perhaps these extra minutes that you can spare for reflection and prayer during Lent will change your life, sanctify you and secure you a safe path to eternity. It will cost you a little but in exchange you will taste heaven.

## DAY OF PRAYER FOR SURVIVORS AND VICTIMS OF SEXUAL ABUSE

The Second Sunday of Lent, February 25, 2024, is the annual Day of Prayer for Survivors and Victims of Sexual Abuse in the Diocese of Hamilton. The Vatican document states: "In the experience of our members, victims/survivors have often expressed a desire for prayer as an important element in their healing process." In response, Pope Francis invited Bishops worldwide to establish a special day of prayer in the Church year to support the paths of human and spiritual recovery. This day is designed not only for victims and survivors who have been so severely injured, either inside or outside the Church, but also for families and communities affected by grief for their loved ones. A special prayer intention for healing will be added to all Sunday Masses on February 25. "We pray for

people who have been abused, whether physically, mentally, emotionally, or sexually, that the Lord of all tenderness and compassion will restore them and give them peace. Amen”

### **2023 TAX RECEIPTS**

For those who used envelopes or PAD in 2023, your receipts have been prepared and are available for pickup in the lobby. Your St. Vincent de Paul receipt is included also. If you are having trouble finding your receipt, please email the office. Thank you again for your generous support this year.

### **CONSECRATION TO ST. JOSEPH**

Come meet the highest saint in heaven, after Mary. St Joseph our spiritual Father. Devotion to St. Joseph is powerful. He will help you grow in virtue, advance in your spiritual journey, protect you from the evil one, He is the patron saint of the dying, protector of the family and so many more gifts and blessings. Join us Thursdays starting February 15<sup>th</sup> – March 19<sup>th</sup> Classes are 1-3 p.m. or 7-9 p.m. To register please sign up in the lobby. Books are \$15

### **BLESSED SACRAMENT MINISTRY TO MEN**

Join us on Tuesday, February 13 at 7:45pm in the Parish Hall following Mass for our next meeting. We will view a video featuring Fr. Mike Schmitz and continue in our study of how God forms men for His divine purpose. Join us as we explore what biblical manhood really means, and how to live it out in a culture opposed to authentic Catholic men. All men are welcome at our bi-monthly meetings. God asks Christian men to be witnesses and role models for our families by living the faith. Ministry to Men seeks to equip us for this challenge.

For more information, contact Roy Smith at 519-656-3291 or Ian Mendes at 289-253-9592.

### **DIOCESAN FUNCTIONS**

#### **PARENTING TIP OF THE MONTH**

Children love Valentine’s Day because of the exchange of cards and little parties at school. It is a great time to talk to them about what real love

is: giving, receiving, caring, thinking of the other before self and putting others needs above your own. Your children will develop deeper and healthier relationships with this understanding. They will especially know what to look for when they grow up and find someone to love in their future. Do not forget to remind them that God loves them completely and unconditionally, so they can and should pray and talk to him about their life anytime.

### **MARRIAGE TIP OF THE MONTH**



The month of February, known as the month of love, can sometimes create unrealistic expectations for couples. “Real” love supports their spouse when they have had a bad day, creates ways to spend time together, offers help without asking and is self-giving, not self-receiving. This month, take the time to look for ways to support the one you love and you will experience a deeper, more connected relationship.

### **THE DIOCESAN WEDDING ANNIVERSARY MASS**

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2024? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 26, 2024 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is now available online at [hamiltondiocese.com](http://hamiltondiocese.com).

### **OTHER FUNCTIONS**

#### **ALPHA AT ST. MARK’S KITCHENER**

Alpha is open to adults who are curious about Jesus, are exploring Christianity, have questions about life, or want to strengthen their faith. Join us Thursday Evenings (starting with dinner) Feb. 22 to May 2 from 6:45 to 9:15 p.m. at St. Mark’s Parish (55 Driftwood Drive) Kitchener. There is no cost to attend, unless you’d like to make a small contribution for dinner. For more information, email Denise Case at [stmarkalpha@gmail.com](mailto:stmarkalpha@gmail.com). Plan to join us and bring a friend\*all are welcome!