



BLESSED SACRAMENT PARISH



305 Laurentian Drive, Kitchener, Ontario N2E 2N6 519-742-5061 [www . blessed – sacrament . ca](http://www.blessed-sacrament.ca)

MASS TIMES:

Saturday – 7:00 p.m.

Sunday: 8:15 a.m., 10:00 a.m., 11:45 a.m.

Tuesday – 7:00 p.m.

Wednesday- 9:00 a.m. Morning Coffee follows Mass

Thursday – 10:00 a.m.

Friday – 9:00 a.m. Holy Hour follows Mass

ADORATION:

First Friday of the Month

all day, Benediction at 9:00 p.m.

SACRAMENT OF RECONCILIATION:

Saturdays – 11:00 a.m. – 12:00 p.m.

and during Friday's Holy hour when available

SACRAMENT OF BAPTISM:

Please call the office.

SACRAMENT OF MARRIAGE:

By appointment - Please call the office at least 9 months in advance.

PARISH REGISTRATION

If you are new to our community or just visiting, welcome to Blessed Sacrament Parish. We encourage all new parishioners to register with the parish. Registration forms can be found on our website blessed-sacrament.ca. We are most happy to have you join our Parish Family.

LEGACIES AND BEQUEST

Keep your love for your parish alive. Remember Blessed Sacrament Parish in your will and when suggesting expressions of sympathy. If you wish to make such a bequest in your will please contact the Parish office.

CONTACT US:

Rev. Luke Kopaniak S.A.C. - Pastor
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Rev. Mr. Neil Devereaux - Deacon
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Keri Smith - Office Administrator
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Fiona Mendes - Minister of Music
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Shannon Smith - Junior Choir
juniorchoir@blessed-sacrament.ca

Sandra Scarfone – Sacristan
sacristan_blessedsacrament@yahoo.ca



SCAN QR CODE TO GIVE



27th Sunday in Ordinary Time

ANNOUNCED MASSES FOR WEEK OF Monday, October 9, 2023

Tuesday 7:00 p.m.

† Maria T. Ngyuen – Nguyen Family

Wednesday 9:00 a.m.

Int. of Sandra Scafone

Thursday 10:00 a.m.

† Maria Vu Thi Pham - Family

Friday 9:00 a.m.

† Lily D'Souza - Family

Saturday 7:00 p.m.

† Bill Kowalchuk - Yvonne & Family

Sunday

8:15 a.m. † Robert Cleasby – Cleasby Family

10:00 a.m. Int. of Cheongwa Wanzie - Family

11:45 a.m. For the People of Blessed

Sacrament Parish

Blessed Sacrament Church

October 1, 2023 Offertory \$ 5,649.00



Thank you for your generosity!

Your gift and attendance truly matters.

It is the life and future for our parish!

EVENTS FOR THE WEEK

Tuesday

Legion of Mary 7:45p.m. Music Rm

Wednesday

Coffee after Mass today!

Friday

Music Ministry Meeting 6:00 p.m.

Y – Youth Night 7:00 p.m. Parish Centre

Saturday

Confirmation Class 6:00 p.m. Parish Centre.

HAPPY THANKSGIVING!

"Give thanks to the Lord, for he is good; his love endures forever."

1 Chronicles 16:34

We celebrate every year this opportunity to thank God for everything, for who we are, for what we have, for our home, for our family, for our jobs, and for those who care for us when we have a little. As the Blessed Sacrament Parish, we would like to thank God for the signs of hope, for the new life that is coming to our church, for new members, for the new programs, for all volunteers, and for all the love and support we experience.

As disciples of Christ, we are committed to sharing this love, and in the coming weeks, we will review all our ministries, groups, and organizations. This will give everyone a chance to contribute, to volunteer, and to give back to the Church. In the spirit of Thanksgiving Day, we not only look back, but we look forward. We walk with Jesus who in the Blessed Sacrament (The Eucharist, the most precious gift of our faith) makes us always new. Let us take Him, His presence into our hearts, into our lives and become new people today and forever.

Fr. Luke, Your Pastor.

THANK YOU

to Gmach Gardens for the beautiful donation to make our Thanksgiving display on the altar.

Please visit their website at <https://gmach.ca>

You are invited to shop at their online store or visit their farm seasonally, during market hours

YOUTH NIGHT

Y (YOUTH) CHURCH MINISTRY.

We invite all Youth grade 8 and up to join us for the first **"youth night"** of the year on

Friday, October 13 from 7:00 to 9:00 PM!

There will be live music, fun games and inspiring talks. Pizza will be provided. We will meet in the

Parish Centre (downstairs)

Meet other YOUNG PEOPLE in an open and friendly environment?

MUSIC AND LITURGY WORKSHOP

Members of the music ministry, cantors, choir members, instrumentalists and all parishioners interested in liturgical music are invited to a workshop facilitated by Monsignor Murray Kroetsch. **Friday, October 13, 6 pm** at our church. We welcome musicians from other parishes. *“Sacred music and liturgical song have the task of giving us a sense of God’s glory, of His beauty, of His holiness that envelops us like a ‘luminous cloud.’”* Pope Francis. 2017.

WORLD ON THE TABLE

Our Parish Thanksgiving Potluck Dinner



Join us for a celebration! Bring your favorite homemade dish from your country to share. The potluck will take place on **Friday, October 20 at 6 p.m.** in our Parish Center. Please sign up this weekend or next in the church lobby.

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

If you would like to learn more about our Catholic faith and traditions or you are considering taking the next steps towards becoming Catholic, check out our RCIA program.. Attendees meet in a casual environment with others who are exploring Catholic faith to understand more about the basic message of Christ and the mission of his Church. The RCIA program is an easy and welcoming way to take a look at the bigger picture about God, Jesus, the Bible, the Christian story and the Catholic Church. If you have questions and would like to speak with someone about the program, or would like to register, please contact Bonnie Schroth at: bonniegschroth@gmail.com or phone 226-929-4893.



ARE YOU LOOKING TO GET INVOLVED?

If you have been feeling the Holy Spirit's calling to become involved in the parish by joining one of our ministries or groups, then next weekend is the perfect opportunity for you! We will be hosting our annual membership drive over the next two weekends, so make sure to come along and find out more.

HOLY LAND 2024

We have a complete itinerary for our pilgrimage in 2024 with International Heritage Tours (IHT) as our operator. **May 15-23, 2024** (9 days) \$3,690.00 with taxes. The price is attractive and unlikely it will decrease soon. Please read the program and conditions before registering. You can register by mail, or online on the **IHT website**. IHT as an operator is fully responsible for the pilgrimage including all finances. They would answer all questions as indicated on the poster.

2023 CHURCH OFFERING ENVELOPES

Have you just come back to Mass and are looking for your offertory envelopes?? Please email the office and Keri will help you. **If you have older envelopes** we ask that you toss them out and only use the **2023** envelopes as some numbers have changed. Anyone who does not have envelopes and wishes to, please complete the Registration Form (found online at www.blessed-sacrament.ca)

DIOCESAN FUNCTIONS

PARENTING TIP OF THE MONTH

October is the month we celebrate Thanksgiving, a time to reflect on all God has blessed us with in our world. The harvest is evident at this time of year, but remind your children of the intricate way God created the world so humans could live. Remind them that they are part of his creative plan and their gifts and talents are like food allowing the world to thrive. And remind them that God ensured they would have faith and family to support them throughout their lives. There is so much to be thankful for, and an attitude of gratitude can provide a positive impact on our emotional and mental health, so help your children give thanks for all they have been given!

MARRIAGE TIP OF THE MONTH

There are many strategies we use to support our partners when they are under stress, but researcher Sarah Walker of the University of Sydney and her team found that two seem to have the most impact. Receptive listening, allowing your spouse to share detail about the situation without having you providing judgment or advice, and telling your spouse how much they matter to you, called valuing,

are the two that provide the most benefit to your partner. Try these proven techniques and you will find a receptive and happier husband/wife in your life!

RESTART: REFRESH, RENEW, REVIVE

Join us for learning, support and fun on a Friday evening. Held the 2nd & 3rd Fridays of each month. These get-togethers offer continual support and insights for people as they journey through the divorce/separation process and beyond. Join in-person (700 King St. West, Hamilton), or by ZOOM. Please contact Sarah at familyministry@hamiltondiocese.com, or 905-528-7988 ext. 2249 if you plan to attend in person and for the zoom link if joining online. We look forward to seeing you!

SEPARATED / DIVORCED SUPPORT GROUP WATERLOO

Life changes are never easy. After a separation or divorce, you may be feeling isolated or need of support and healing to adjust to your new life? Come together with others to realize there is a 'second act'. Join us on the 3rd Tuesday of every month - 7:30-8:30 pm - October 17, November 21, and December 19, 2023. We will meet in the Parish Centre (basement) of St. Michael Church, 80 University Avenue West, Waterloo at 7:30pm. To register: Phone 519-884-9311, or Email: parish@stmichaelw.ca

STRUGGLING AFTER AN ABORTION?

Either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is available to help. This confidential service allows people to work through their feelings on an individual basis, with a trained counsellor, to find hope and healing. Please contact us at 905-526-1999 or toll free at 1-888-385-3850.

40 DAYS FOR LIFE

40 Days for Life **September 27th to November 5th, 2023**. Daily between 7am and 7pm, seven days a week. Please consider **Adopting-an-Hour** a week. You can either sign up for prayer hours online at www.40daysforlife.com/kitchener or by calling Ewelina 519-904-2620.

MARRIAGE SUPPORT

Your marriage doesn't have to feel like it is more trouble than joy, that it feels stagnant or disconnected and/or that it is causing you constant stress. The solution is Retrouvaille - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. The next Retrouvaille weekend is Oct. 20-22. For more information call 905-664-5212 or email teamrecine@gmail.com.

Special Grace for Thanksgiving Dinner

Lord, our God, with fatherly love you come to the aid of your children. Bless us on this Thanksgiving Day and these your gifts which we are about to receive from your goodness. Grant that all peoples may be gladdened by the favours of your Providence. We ask this through Christ our Lord. Amen.

Prayer after Dinner

We thank you, O Lord, for being nourished by this day and strengthened by the food received from your gracious bounty. As a family may we always be united in your love. Bring peace to this house and all who live here and to all who visit. May God give eternal rest to those who have fallen asleep with the sign of faith and who await the Resurrection Christ promised. Amen.